



# Simple Guacamole



## ingredients

- 3 avocados
- 1 lime
- 2 garlic cloves
- 5 mini red bell peppers
- Bunch of cilantro
- 1/2 teaspoon salt
- 1/2 teaspoon sugar
- 2 dashes cayenne pepper

## directions

1. Dice bell peppers and cilantro.
2. Grate garlic.
3. Scrape out avocados.
4. Combine all ingredients into a bowl making sure its well incorporated.
5. Squeeze fresh lime in, add salt, sugar and cayenne pepper, stir and taste. Adjust as needed.